



The CARES program partners with Well-Sense Health Plan, AmeriHealth Caritas NH and New Hampshire Healthy Families to provide intensive home-based interventions to proactively reduce crisis situations, divert emergency department visits and shorten inpatient hospitalization stays.

Our experienced team of behavioral health clinicians will engage youth and families in the treatment process and create a plan that is individualized, holistic and trauma informed. Each youth receives daily wrap-around support provided by a multidisciplinary team. Our team utilizes a strengths-based approach that is grounded in evidence-based practices.

Our experienced clinical team will engage youth and families to be part of the treatment process to create a plan that is holistic, individualized and trauma informed.



*We create opportunities for individuals to live better lives through inspired professionals who are supported and trusted to be a compassionate and creative team.*

Contact us today  
**(603) 625-8825**

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# Intensive Home-Based Interventions

NH Youth Services





Connect  
Assess  
Respond  
Engage  
Support



Our multidisciplinary Clinical Response Team (CRT) is embedded in the CARES service model. The team is multi-faceted and trained to work with youth with complex medical and/or behavioral needs utilizing trauma-informed practices. Our CRT includes:

- ✓ Psychiatrist and/or ARNP
- ✓ Psychologist
- ✓ Registered Nurse
- ✓ Licensed Clinical Social Worker and
- ✓ Behavior Specialists

## There's No Place Like Home

The team will engage youth, their family and natural supports to assess needs, and create strategies to stabilize the youth while connecting the family to resources in their community.

CARES, Intensive Home-Based Intervention is a short-term (up to 14 days) program designed to reduce crisis situations, emergency room visits and inpatient admissions while treating youth in the least restrictive setting.

- ✓ Triage, screening and assessment
- ✓ In-home clinical interventions with a Clinician and Behavior Specialist including psychoeducation, DBT and motivational interviewing
- ✓ Nursing and psychiatric assessment with medication management
- ✓ 24/7 telephonic crisis response with our multidisciplinary CRT
- ✓ In-home care management and coordination

## Admission Criteria

Youth ages 5-18 years may have multiple mental health diagnoses, intellectual and developmental disability, traumatic brain injury, substance use disorder or post-traumatic stress disorder. Individuals must:



Be a member of WellSense Health Plan, AmeriHealth Caritas NH or NH Healthy Families.



Show deterioration in functioning from baseline.



Be at risk for placement in an acute inpatient setting or residential treatment facility.



Be able to safely return home with intervention and support.



Have their family agree to actively engage in services and support for up to 14 days.



Exhibit no active suicidal or homicidal ideation at the time of referral.

**You're not alone.  
We're here to help.**

*CARES is a program  
offered by LifeConnections*

[www.lifeconnectionsusa.org](http://www.lifeconnectionsusa.org)